

# Form NHCT-31: Community Benefits Plan Report

version 1.2

(Submission #: HPS-WX0C-KXVK4, version 1)

## Details

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**Submitted** 4/19/2023 (0 days ago) by Audrey Goudie

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## Form Input

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### Section 1: Entity Information

**Entity Name**

HealthFirst Family Care Center

**State Registration #**

11330

**Federal ID #**

020492976

**Fiscal Year Beginning**

10/01/2022

**Entity Address**

841 Central Street

Franklin, NH 03235

**Entity Website (must have a prefix such as "http://www.")**

<http://www.healthfirstfamily.org>

**Chief Executive Officer (first, last name)**

First Name	Last Name
Russell	Keene

Phone Type	Number	Extension
Business	[REDACTED]	

**Email**

**Board Chair (first, last name)**

First Name	Last Name
Michael	Stanley

Phone Type	Number	Extension
Mobile	[REDACTED]	

**Email**

**Community Benefits Plan - Contact (first, last name)**

**First Name**      **Last Name**

Audrey              Goudie

**Title**

*Director of Marketing & Communications*

**Phone Type**    **Number**            **Extension**

Mobile



**Email**



**1. Is the entity's community benefits plan on the organization's website?**

Yes

**2. Does the report include community benefit information for affiliated or subsidiary entity(ies)?**

No

**Section 2: Mission & Community Served**

**1. Mission Statement**

Through dedication, respect, and compassion for our patients and one another, we aim to inspire hope, and to advance the health and well-being of our patients, community, and staff.

**2. Has the Mission Statement been reaffirmed in the past year (RSA 7:32e-l)?**

Yes

**Service Area**

Community may be defined as a geographic service area comprised of the locations from which most service recipients come (primary service area) or a subset of the general population that share certain characteristics such as age range, health condition, or socioeconomic resources. For some trusts, the definition of community may be a combination of geographic service area and a subset of the population within that area. Please include information from the drop down lists and narrative field as applicable to sufficiently describe the community served.

**1. Did the primary service area cover ALL of New Hampshire?**

No

**Please select service area Counties (NH), if applicable**

Belknap

Grafton

Merrimack

**Please select service area municipalities (NH), if applicable**

ALEXANDRIA

ANDOVER

ASHLAND

BELMONT

BRIDGEWATER

BRISTOL

CENTER HARBOR

DANBURY

FRANKLIN

GILFORD

GILMANTON

GROTON

HEBRON

HILL

LACONIA

MEREDITH

MOULTONBOROUGH

NEW HAMPTON

NORTHFIELD

SALISBURY

SANDWICH

TILTON

### Service Population Description

As a federally qualified community health center, HealthFirst serves three counties and 23 municipalities with primary health care, behavioral health, and substance use disorder treatment needs of the general population offering services on a discounted sliding fee scale to those who qualify based on income.

## Section 3.1: Community Needs Assessment

**1. In what year was the last community needs assessment conducted to assist in determining the activities to be included in the community benefit plan? (Please attach a copy of the needs assessment below if completed in the past year)**

2020

**Please attach a copy of the needs assessment if completed in the past year**

NONE PROVIDED

**Comment**

NONE PROVIDED

**2. Was the assessment conducted in conjunction with other health care charitable trusts in your community?**

Yes

## Section 3.2: Community Needs Assessment (1 of 5)

**3. Area of Community Need / Concern**

1. Financial Barriers to Care; Cost of Care / Insurance

**4. Is the need identified in the Community Needs Assessment?**

Yes

**5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan?**

Yes

**6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.**

1: Financial Assistance

2.1: Medicaid

2.3: Medicare

A2: Community-Based Clinical Services

C10: Other Subsidized Health Services

**7. Brief description of major strategies or activities to address this need (optional)**

Promote sliding fee scale / discount program to those patients who qualify. Promote / market that we, as an FQHC, serve anyone regardless of their ability to pay. We offer more community-based clinical services in conjunction with regional social service agencies. Promote / offer other free or subsidized programs to the community such as free mammograms and cervical cancer screenings (for those eligible for the Breast & Cervical Cancer Screening Program); offer nutrition and diabetes management, and more.

## Section 3.2: Community Needs Assessment (2 of 5)

**3. Area of Community Need / Concern**

20. Mental Health

**4. Is the need identified in the Community Needs Assessment?**

Yes

**5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan?**

Yes

**6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.**

C8: Behavioral Health Services

F3: Support Systems Enhancement

**7. Brief description of major strategies or activities to address this need (optional)**

Expanded and increased behavioral health service hours of operation, added new service locations, and convenient "meet them where they are at" services so patients can easily access MH counseling and treatment. Now offering school-based counseling services. Promote our expanded our MAT program and locations to provide patients of increased access to services. Targeted advertising for adults and youth seeking MH or MAT services. Educate patients on care coordination services available to them which can link them to other social supports in the region.

**Section 3.2: Community Needs Assessment (3 of 5)**

**3. Area of Community Need / Concern**

25. Access to Substance Use Disorder Services

**4. Is the need identified in the Community Needs Assessment?**

Yes

**5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan?**

Yes

**6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.**

A1: Community Health Education

C8: Behavioral Health Services

**7. Brief description of major strategies or activities to address this need (optional)**

Expand our patient education of SUD / MAT services available within our BH department. Advertise and market within the communities served of our comprehensive SUD treatment options including MAT and referral to IOP when appropriate.

**Section 3.2: Community Needs Assessment (4 of 5)**

**3. Area of Community Need / Concern**

3. Access to Primary Care

**4. Is the need identified in the Community Needs Assessment?**

Yes

**5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan?**

Yes

**6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.**

A1: Community Health Education

1: Financial Assistance

C5: Women's and Children's Services

**7. Brief description of major strategies or activities to address this need (optional)**

Run vigorous ad campaign noting that HealthFirst is accepting new patients for primary care, women's health, and pediatrics. Hired one FT pediatrician. Hired one new FT medical director. We continue to educate the region that as an FQHC, we will serve anyone regardless of their ability to pay. We work with provider schedules to create several "urgent care or same day" appointment slots. We are active in the community, attending health fairs, etc. to ensure all know of our comprehensive primary care services that are available in Laconia and Franklin with extended hours several days of the week.

**Section 3.2: Community Needs Assessment (5 of 5)**

**3. Area of Community Need / Concern**

17. Access to Home Health Care

**4. Is the need identified in the Community Needs Assessment?**

Yes

**5. Is the need addressed in the Health Care Charitable Trusts Community Benefit Plan?**

Yes

**6. Select the applicable Category or Categories of Community Benefit included in your plan associated with this need.**

A3: Health Care Support Services  
C8: Behavioral Health Services

**7. Brief description of major strategies or activities to address this need (optional)**

HealthFirst works closely with regional home health/hospice/VNA organizations to ensure an integrated referral process is in place for HealthFirst patients in need of home health care services. Similarly, we ensure that home health/VNA organizations working with patients in need of BH or primary care services are referred back to HealthFirst.

**Section 4: Community Benefit Activities**

**Optional Section 4 completion tool**

An optional MS Excel tool can be used to aid completion of this Section offline. Please click on the "Community Benefits Reporting Tool" link below, this will download the file to a suitable location. Once opened, refer to the "Worksheets" sheet at the bottom of the form. Numbers/dollar amounts can be calculated and will automatically populate into the appropriate fields of the "Section 4" sheet. These numbers can then be entered manually by you in the appropriate fields of this Section 4, below.

[Community Benefits Reporting Worksheets](#)

**Financial Assistance, Means-Tested Government Programs and Community Benefit Services**

**Total Functional Expenses for the Reporting Year (\$)**

7820010.00

**(1) Financial Assistance at cost (if using the optional Excel tool, refer to Worksheet 1)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	740186.00	86137.00	654049	8.4%	800000.00

**(2) Medicaid (if using the optional Excel tool, refer to Worksheet 3, column A)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	3298923.00	1803632.00	1495291	19.1%	3300000.00

**(3) Costs of other means-tested government programs (if using the optional Excel tool, refer to Worksheet 3, column B)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	216979.00	122633.00	94346	1.2%	230000.00

**(4) Total Financial Assistance and Means-Tested Government Programs**

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	4256088	2012402	2243686	28.7%	4330000

**Community Benefit Services**

**(5) Community health improvement services and community benefit operations (if using the optional Excel tool, refer to Worksheet 4)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	965990.00	0.00	965990	12.4%	1000000.00

**(6) Health professions education (if using the optional Excel tool, refer to Worksheet 5)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	88776.00	2500.00	86276	1.1%	88000.00

**(7) Subsidized health services (if using the optional Excel tool, refer to Worksheet 6)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	943533.00	448099.00	495434	6.3%	950000.00

**(8) Research (if using the optional Excel tool, refer to Worksheet 7)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%	0

**(9) Cash and in-kind contributions for community benefit (if using the optional Excel tool, refer to Worksheet 8)**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
NONE PROVIDED	NONE PROVIDED	317960.00	0	317960	4.1%	320000.00

**(10) Total Other Benefits**

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	2316259	450599	1865660	23.9%	2358000

**Total**

**(11) Totals**

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)	Estimated expense of activities projected for the next Fiscal Year (\$)
0	0	6572347	2463001	4109346	52.5%	\$6688000

## Section 5: Community Building Activities

Total expense (\$; entered at top of Section 4)

7820010

### (1) Physical improvements and housing

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (2) Economic development

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (3) Community support

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (4) Environmental improvements

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (5) Leadership development and training for community members

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (6) Coalition building

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

### (7) Community health improvement advocacy

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	740186	86137	654049	8.4%

### (8) Workforce development

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	0	0	0	0%

**(9) Other**

(a) Number of activities or programs (optional)	(b) Persons served (optional)	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
NONE PROVIDED	NONE PROVIDED	21110889	450599.00	20660290	264.2%

**Total**

**(10) Totals**

(a) Number of activities or programs	(b) Persons served	(c) Total community benefit expense (\$)	(d) Direct offsetting revenue (\$)	(e) Net community benefit expense (\$)	(f) Percent of total expense (%)
0	0	21851075	536736	21314339	8.4%

**Section 6: Medicare**

**1. Total revenue received from Medicare (\$ -- including DSH and IME)**

460784.00

**2. Medicare allowable costs of care relating to payments specified above (\$)**

481647.00

**3. Medicare surplus (shortfall)**

\$-20863

**4. Describe the extent to which any shortfall reported above should be treated as community benefit. Please also describe the costing methodology or source used to determine the amount reported above.**

Costs exceeded reimbursements so free care was given.

**5. Describe the costing methodology or source used to determine the amount reported above. Please check the boxes below that describe the method used:**

Cost to charge ratio

**Section 7: Summary Financial Measures**

**1. Gross Receipts from Operations (\$)**

5456847.00

**2. Net operating costs (\$)**

7820010

**3. Ratio of gross receipts from operations to net operating costs**

0.698

**Unreimbursed Community Benefit Costs**

**4. Financial Assistance and Means-Tested Government Programs (\$)**

2243686

**5. Other Community Benefit Costs (\$)**

1865660



**6. Community Building Activities (\$)**

21314339

**7. Total Unreimbursed Community Benefit Expenses (\$)**

25423685

**8. Net community benefit costs as a percent of net operating costs (%)**

325.11%

**Other Community Benefits (optional)**

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**1. Leveraged Revenue for Community Benefit Activities (\$)**

NONE PROVIDED

**2. Medicare Shortfall (\$)**

\$-20863

**Section 8: Community Engagement in the Community Benefits Process**

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**1. Please list below**

<b>Community Organizations, Local Government Officials and other Representatives of the Public:</b>	<b>Identification of Need</b>	<b>Prioritization of Need</b>	<b>Development of the Plan</b>	<b>Commented on Proposed Plan</b>
Concord Hospital (formerly LRGH)	Yes	Yes	Yes	Yes
Granite VNA	Yes	Yes	Yes	Yes
Partnership for Public Health (PPH)	Yes	Yes	Yes	Yes
HealthFirst Family Care Center	Yes	Yes	Yes	Yes
Lakes Region Mental Health Center	Yes	Yes	Yes	Yes
Winnepesaukee Public Health Council	Yes	Yes	Yes	Yes
Navigating Recovery of the Lakes Region	Yes	Yes	Yes	Yes
Laconia Police and Fire Departments	Yes	Yes	Yes	Yes
Horizons Counseling Services	Yes	Yes	Yes	Yes
Lakes Region Community Services	Yes	Yes	Yes	Yes

**2. Please provide a description of the methods used to solicit community input on community needs:**

HealthFirst, LRGH (now Concord Hospital), PPH, and Granite VNA all contracted with CHI / JSI to perform our collaborative community health needs assessment. They designed a community leader survey, a community member survey, and focus group protocols. They developed online surveys disseminated via email and through social media so partners could easily distribute through their individual marketing channels. A raffle prize was incorporated for those who participated in the survey. The surveys were programmed into Survey Monkey and the data was analyzed using SPSS. Analysis was conducted both sub-regionally across the greater Franklin, greater Laconia, and greater Meredith communities. Additional analysis was conducted across age and income categories. Members of the planning committee were responsible for distributing the surveys and holding 3 focus groups. Data collection activities were supplemented by a secondary data review of local population health datasets.

**Section 9: Charity Care Compliance**

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**1. The valuation of charity does not include any bad debt, receivables or revenue.**

Yes

**2. A written charity care policy is available to the public.**

Yes

**3. Any individual can apply for charity care.**

Yes

4. Any applicant will receive a prompt decision on eligibility and amount of charity care offered.

Yes

5. Notice of the charity care policy is posted in lobbies.

Yes

6. Notice of the policy is posted in waiting rooms.

Yes

7. Notice of the policy is posted in other public areas of our facilities.

Yes

8. Notice of the charity care policy is given to recipients who are served in their home.

Yes

## **Section 10: Certification**

### **Electronic Signature**

**First Name**

Audrey

**Last Name**

Goudie

**Title**

*Director of Marketing, Communication & Philanthropy*

**Email**

[REDACTED]

**NHCT-31 (September 2022)**